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# The Fort Jackson Leader

Thursday, August 21, 2008

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www.fortjacksonleader.com

### Climbing to victory



Photo by Ashley Henry

**Pvt. Kimberly Hinojosa, Company C, 3rd Battalion, 60th Infantry Regiment, makes her way to the top of Victory Tower Tuesday during Basic Combat Training.**

## Danger is no stranger to pair of BCT grads

**Mike A. Glasch**  
Leader Staff

Two of the Soldiers who graduated Basic Combat Training Friday already know firsthand the dangers that lie ahead in their military career. Both men are from Iraq and served as interpreters for the Army before emigrating to the U.S.

Samer and Hamid, their last names are being withheld to protect their identities and the safety of their family members who are still in Iraq, both survived numerous attempts on their lives.

"Once, I was kidnapped by insurgents," Hamid said. "I was handcuffed and thrown into the trunk of a car. Luckily, I was able to escape."

He was targeted by insurgents two other times. Both times snipers fired into a window at his home. But instead of hitting Hamid, the bullets found his mother, who survived both attacks.

"They thought it was me when they shot through the window," he said. "Fortunately they did not check to see who they had shot or if I was dead. Otherwise they might have kept trying."

Samer acknowledged he became a target as well when he started working as an interpreter. He has lost part of his hearing and suffered shrapnel wounds from IEDs exploding near the vehicles in which he was riding.

"Everyone in my neighborhood knew I was working with the coalition forces," he said. "When terrorists started coming into the neighborhood in 2004, they couldn't hide my story or me. I couldn't go home then because I was a marked man."

Samer has seen his parents and sisters only once during the past four years. It has been more than a year since Hamid has seen his mother or two sisters. Their family members are the only ones who know they are here in the United States.

"They tell anyone who asks that I am working in Syria. They cannot say that I am here in America," he said. "They are facing the danger. I face it as part of my decision."

The two are among the 500 interpreters allowed to emigrate to the U.S. each year under a special visa for Iraqi and Afghan interpreters. The majority of those never consider returning to their native country. But for Hamid and Samer, the chance to join the Army and continue to help rebuild their country outweighs the dangers they face upon their return.

"I am not scared about going back after I finish up training," Samer said. "They need us over there."

"When I made my decision I considered myself a dead person. It is going to be worse for me as a Soldier. My entire family will be under a threat," Hamid said. "But the extremists in both sects (Sunni and Shiite Muslims) are abusing the Koran. It is a peaceful message."

"It teaches you have to get along. Just like in the Army, there are Soldiers who may not like each other, but you have to learn to work and live together. I want to explain to both sides, it is your country. I wish I could send this message to the Iraqi people."

Both men plan to gain their U.S. citizenship and make the Army a career.

Michael.A.Glasch@us.army.mil

## Combined Federal Campaign to start

**Susanne Kappler**  
Leader Staff

Last year's Combined Federal Campaign received record contributions from the Fort Jackson community.

Soldiers and federal employees on the installation raised more than \$1.1 million in support of their favorite charities, making up a large part of the more than \$1.6 million raised in the Midlands area.

Organizers are hoping to exceed that number during this year's campaign, which gets under way with a kickoff party 3 p.m., Monday at the Officers' Club.

"Traditionally, we focus on contact at Fort Jackson, making sure all people on post have the opportunity to make an ed-

ucated decision to support the charity of their choice through CFC and to continue to grow charitable giving over the previous year's results," said Tammy Huddle, CFC manager for the Midlands area.

As part of the event, the National Performance Award for last year's contributions will be presented to Brig. Gen. Bradley W. May, Fort Jackson commanding general, during a ceremony starting at 3:30 p.m. The program will be emceed by local TV newscaster J.R. Berry.

Before the ceremony, the community will have the opportunity to get information about approximately 40 charities, which are represented at an agency fair.

"At the kickoff event, there will be

opportunities to learn about some of the nonprofit agencies supported by the CFC; make contacts; relax and enjoy the celebration," said Hilda Salters, CFC staff administrator on Fort Jackson. "I hope the event will have a great turnout representing all areas of the post like previous years."

The annual campaign runs from Sept. 1 to Dec. 15. It allows Soldiers and federal employees to support the charities of their choice. This year, the list of charities includes 84 local and more than 2,200 national and international organizations.

The motto for this year's fundraising campaign is "Be a Star in Someone's Life."

Susanne.Kappler1@us.army.mil



# OPINION — EDITORIAL

## From the Commanding General

### Columbia, Fort Jackson communities form strong bond



BG May

In the short time since I took command in July and the May family became official residents of Columbia, S.C., I have learned that the community is truly unique.

I still have a great deal to learn, but one thing I discovered right away — Soldiers and their families are openly and warmly welcomed to the Midlands area of South Carolina, not as visitors but as contributing members

of the community.

Perhaps that attitude comes from the thousands of Soldiers and families who choose to make their homes in the local area and actively participate in schools, churches and civic organizations. Many of our Soldier-students also volunteer their time and energy to many of the city's worthwhile charitable activities.

The mutually beneficial relationship between Fort

Jackson and the city is not new, but has grown over time. Perhaps it began when the local citizens donated the first acres to the government to build Camp Jackson here, or after the donation of the Andrew Jackson statue in honor of the Fort's 50th anniversary. Annexing the Fort into the city limits in 1968 must also have strengthened the relationship.

A more recent and highly significant event this year was the Community Covenant signing ceremony. Mr. Ike McLeese, the Civilian Aide to the Secretary Army and his wife, Sue led a tremendous effort to bring members of the Midlands community (representing business, government, family assistance, education and healthcare) together to pledge its unfailing support to our Soldiers and military families. We, here at Fort Jackson, sincerely appreciate this level of community support.

That kind of support may explain why so many retiring Soldiers and their families choose to stay in the Columbia area following their assignment to Fort Jackson.

More than 45,000 military retirees make the Fort Jackson service area their home. Many continue their service working as civilian employees and others provide volunteer services. One of the most heartwarming is an airport "send-off" program, developed and spearheaded by retired Maj. Gen. George Goldsmith, to ensure our deploying Navy personnel do not leave Columbia without a proper farewell salute.

As I mentioned last week, I am honored to command this installation and I am thankful for the tremendous support of the Midlands community. To show our appreciation, I have taken on a new goal. I want citizens to know more about what their Army is doing at Fort Jackson. Once a month, I plan to invite local residents to spend a day here — attend graduation, observe our Soldiers in training, eat Army chow and learn the Army Song. We have much to share and I look forward to the opportunity.

Victory Starts Here!

## Ask the Garrison Commander

### Military orders; nominative assignment; AER financial aid



Col. Dixon

**Q** What is the purpose of military orders?

**A** In accordance with Army Regulation 600-8-105 (Military Orders), paragraph 1-15, military orders are required for certain travel, certain personnel

actions, promotion and separation. Orders are also required for awards and unit organization actions. The requirements for orders and their content as described in this regulation take precedence over conflicting instructions in other directives or regulations.

nominative assignment. However, my general technical score is 95. Do I meet the criteria to volunteer for the nominative assignment?

**A** No, you do not meet the criteria to volunteer. You must have a minimum GT score of 100 in order to volunteer for the assignment. See AR 614-200, paragraph 9-17 (h), for additional guidance.

**Q** My husband and I have been experiencing financial challenges due to our recent permanent change of station move to Fort Jackson. I've been told that the Army has a program that offers personal low interest rate loans. Is this true, and if so, where do we go?

**A** Yes, the Army has a program that helps Soldiers with emergency fi-

nancial needs. This is done through a private, non profit organization called Army Emergency Relief. AER offers interest-free loans and in some cases grants to active and retired Soldiers and their ID card-carrying family members who are experiencing emergency financial needs. Financial assistance is given to help with emergency needs such as food, rent, mortgage, utilities, emergency transportation, vehicle repairs, vehicle payment, vehicle insurance, funeral expenses and medical/dental expenses.

AER not only offers interest-free loans, it also offers undergraduate-level education scholarships for children and spouses of active and retired Soldiers. At Fort Jackson, the AER office is located in the Army Community Service center at the Strom Thurmond Building, Room 120. For more information on this program, call 751-5256 or visit [www.aerhq.org](http://www.aerhq.org).

#### Garrison Fact of the Week

Are you aware that Army Emergency Relief has received four stars three years in a row by *Charity Navigator.org*?

AER has been rated among the best charities in the United States because it uses its contributions to help Soldiers in need. Eighty-seven cents of every dollar that is contributed goes to help Soldiers. In 2007, AER assisted 64,000 Soldiers and their families with more than \$74 million.

At Fort Jackson, AER assisted 1,045 Soldiers with a little more than \$1 million. If you are experiencing financial challenges and need help, contact the Fort Jackson AER office at 751-5256 to inquire about financial assistance.

To submit questions to "Ask the Garrison Commander," call 751-5442, or e-mail [Scott.Nahrwold@conus.army.mil](mailto:Scott.Nahrwold@conus.army.mil).

**Q** I am a staff sergeant in the Army and would like to volunteer for a

## The Fort Jackson Leader

Fort Jackson, South Carolina 29207

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To submit articles, story ideas or announcements for the community page, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail

[fjleader@conus.army.mil](mailto:fjleader@conus.army.mil).

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# NEWS

## Army delays launch of new personnel system

**Mike A. Glasch**  
*Leader Staff*

The launch of DoD's new personnel and pay system has been delayed for the Army. The Defense Integrated Military Human Resources System was scheduled to go online the beginning of September, but has been pushed back until March 1.

DIMHRS is an internet-based system that will merge service members personnel and pay records into one system. It will:

- Provide accurate and timely data on personnel assets.
- Provide standard data for comparison across Services and Components.
- Properly track Reservists for both pay and service credit.
- Track all military personnel into and around the theater.
- Provide integrated personnel and pay functions.

Currently, there are separate HR and

pay systems for each Army component. DIMHRS will incorporate nearly 80 different systems or databases currently in use between the three components — Active, Reserve and National Guard — into one.

Self-service items that will be available through DIMHRS are categorized as being either finance or personnel-related.

Using the financial self-service functionality, a Soldier can:

- Start, stop or modify discretionary allotments and savings bonds.
- Submit an employee withholding request (Form W-4).
- Submit an employee reissue W-2 Request.
- Make a direct deposit information change.
- Make a state of legal residence change.

Using the personnel self-service func-

tionality, a Soldier can:

- Update personal information.
  - Submit a personal action request.
  - Select benefits options.
  - Enroll in a Thrift Savings Plan.
- Using the "view only" function with DIMHRS, a Soldier can view the following information and documents:
- Dependent information.
  - Certificate of release or discharge from active duty (DD 214).
  - Service member's group life insurance election.
  - Leave and earnings statement.
  - Record brief.
  - Currently assigned checklists.
  - Civilian education, military education, awards, and enlistment or reenlistment information.
  - Contracts, evaluations and DA photo.
  - Wage and tax statement (Form W-2).

A series of briefings on DIMHRS is scheduled for today. There will be three briefings, two for the general population (all Soldiers, supervisors of Soldiers and anyone who will need access to the system) and one for human resources specialists (anyone who processes or verifies a Soldier's or manager's request, battalion and brigade S-1 personnel).

These briefings are mandatory for all Soldiers, their supervisors, civilians and contractors who have not received one and who will require access to DIMHRS. The briefings will take place at 5450 Strom Thurmond Blvd, Room 101.

The briefings are slated to last one hour and will start 9 a.m. and 10:30 a.m. for the general population, and 1:30 p.m. for human resources specialists.

For more information on DIMHRS, visit [www.dimhrs.mil](http://www.dimhrs.mil).

*Michael.A.Glasch@us.army.mil*

## Absentee voting

### Directorate of Human Resources

With the Nov. 4 general election right around the corner, Fort Jackson's installation and unit voting assistance officers have been busy educating and providing military members and their families the resources necessary to register in their home states to vote.

This month is "Army Voter Registration Month." During the month, unit voting assistance officers are distributing voting materials and educating all absentee voters ahead of state registration deadlines.

The week of Aug. 31 to Sept. 7 is "Armed Forces Voters' Week." As state deadlines approach, this week is designated for unit voting assistance officers to implement unit plans to educate and provide voting assistance to those people who may have missed an earlier opportunity to register.

Commanders should also ensure that federal post card applications (SF-76) are available to all Soldiers and voting-age family members no later than Sept. 15. This can be accomplished in unit formations, during scheduled unit training or by verified electronic means such as e-mail.

The basic absentee voting process consists of the following steps:

**Step 1:** The Soldier or family member completes and mails the federal post card application form.

**Step 2:** A local election official approves the registration request or requests further information.

**Step 3:** A local election official mails the absentee ballot to the voter.

**Step 4:** The Soldier or family member votes and mails the absentee ballot to the local election official in time to meet state deadlines.

Finally, the week of Oct. 12-18 has been designated as "Absentee Voters' Week." This week is designated for unit voting assistance officers to encourage the completion and mailing of absentee ballots before the general election.

For more information, contact your unit voting assistance officer or visit [www.fvap.gov](http://www.fvap.gov) and [www.vote.army.mil](http://www.vote.army.mil).

To contact the installation senior voting assistance officer, Lonnie T. Stinson, call 751-7115 or e-mail [lonnie.stinson@conus.army.mil](mailto:lonnie.stinson@conus.army.mil). To contact the alternate installation senior voting assistance officer, Donald L. Johnson, call 751-5763 or e-mail [donald.l.johnson@conus.army.mil](mailto:donald.l.johnson@conus.army.mil).

### Early graduation



Photo by Ashley Henry

**The first three graduates received their General Educational Development diplomas from the Army Preparatory School Tuesday. From left: Pvt. Zachary Briggs, Pvt. Ramon Langerica and Pvt. David K. Dowell excelled in the course and graduated early from the program. Next, the graduates will attend Basic Combat Training.**



## Around Post

### CFC Kickoff

The Combined Federal Campaign will have a kickoff event 3-4:30 p.m., Monday at the Officers' Club. The event will include a charity fair. For more information, call 733-5443.

### 1-13th Inf. Reg. Change of Command

The 1st Battalion, 13th Infantry Regiment will have a Change of Command ceremony 9 a.m., Aug. 26 at the 193rd Infantry Brigade headquarters. Lt. Col. Kevin Cooney will relinquish command to Lt. Col. John Calahan.

### Army Prep School Ribbon Cutting

The Army Prep School will have its Ribbon Cutting Wednesday at 9 a.m., at the Army Prep School.

### Knight Pool Closure

Knight Pool will be closed for repairs beginning Monday. The pool will be closed for approximately 90 days. Throughout September, opening hours for Legion Pool will be extended.

## RAMPs change posture of Fort Jackson

**Ashley Henry**  
Public Affairs Intern

Imagine that it's a Tuesday afternoon, a car pulls up to Gate 2, the driver hands the guard the proper documentation and proceeds on to enter Fort Jackson. Unbeknown to the guard, the person is concealing two people and weapons in the backseat of his car that can not be seen because of limousine tint. A couple of hours later, two people are dead.

This scenario has never happened at Fort Jackson and, because of the Random Antiterrorism Measures Program, hopefully never will.

RAMPs are conducted daily to prevent a person from causing harm to the installation. Byron Jones, installation physical security officer, said different RAMPs are being performed at different locations to change the posture of the installation.

"There are approximately 12 to 15 different checks that we can conduct at the gate," Jones said, "which may include everything from asking for additional identification to conducting a 100 percent vehicle inspection. A 100 percent vehicle inspection consists of checking for proper vehicle documentation, ensuring you are authorized to be on the installation and verifying that you're not carrying any harmful articles."

Jones explained why changing the posture of the installation is important. If there are people who are going to do harm to Fort Jackson, they are going to see that coming through the gate is not as easy as just showing your identification card, he said.

Gaining access to Fort Jackson is no longer as simple as the driver of the vehicle showing the guard at the gate his or her ID card. In 2007, a DoD directive was imple-



Photo by Ashley Henry

**Wendell Torres, Wackenhut Security guard, checks the ID card of a driver entering Fort Jackson. ID checks are part of the Random Antiterrorism Measures conducted on the installation.**

mented that required all passengers in the vehicle to produce IDs and physically hand them to the guard.

Sgt. Maj. Allen Taylor, provost sergeant major, said this change has reaped many benefits for Fort Jackson.

"We have been able to confiscate a lot of fake IDs because of people actually handing them to the guards," Taylor said. "We had a lot of people trying to come through with photo copied IDs and because the guards were not actually touching them they did not know they were fake."

Jones said that in the last quarter during daily checks they netted more than 400 expired ID cards.

Along with everyone in the vehicle showing an ID, guards will also ask vehicles

with dark tint to roll down their back windows.

Conducting RAMPs does not increase the time it takes for a person to get through the gate. Taylor said one of the big reasons it can take longer is because of people complaining to the guards.

"The people you see on the gate, they don't make the policies; they are just the ones enforcing the policies," Taylor said.

The Directorate of Emergency Services is currently taking all measures to make entering the installation a faster process.

"Our biggest goal is to make coming on to Fort Jackson as smooth as possible, while at the same time making it as secure as possible," Jones said.

*Ashley.Rose.Henry@conus.amy.mil*

## Customer Service Corner

Fort Jackson Customer Management Services hosted a Teen Focus Group Aug. 13 at the Plans, Analysis and Integration Office Conference Room.

The purpose of the focus group was to discuss issues affecting teenage children of military personnel on Fort Jackson and in the surrounding community.

The focus group is held annually as part of the Community FIRST Quarterly Issue Resolution Process. Listed below are the issues that were surfaced and out-briefed by the teens.

**Issue:** Transportation for off-post teens

**Scope:** Teens living off post need transportation to Fort Jackson to participate in on-post activities. Many teens have difficulty providing their own transportation and require someone to drive them. Teens may be unable to participate in some activities because of lack of transportation. Providing means of access to post will help increase socialization, keep teens active, be active participants in the community and keep them safe and out of trouble.

**Recommendations:**

1. Provide more buses for transportation.
2. Hire more Middle School and Teen staff to drive buses.

**Issue:** More funding for teen traveling teams

**Scope:** Existing funds are not sufficient to support Middle School and Teen traveling teams. When funds run out, teens have to pay out-of-pocket. If money is not available, there will be decreased participation.

**Recommendations:**

1. Increase fundraising for MST traveling teams.
2. Provide sponsorship.
3. Provide garrison monetary support.

**Issue:** More traveling activities for teens through Youth Center

**Scope:** Teens are confined to Fort Jackson for activities through the Middle School and Teen Program. MST does not provide frequent transportation for teens to activities outside of the Columbia area. Teens enjoy interacting with their peers and meeting others from different areas.

**Recommendation:** Schedule more out-of-town events for teens.

**Issue:** Middle School and Teen Program hours

**Scope:** The MST portion of the Youth Center closes too early at 9 p.m. When activities extend beyond that time, participants have to leave the activity early to return to the center before it closes. If the activity is paid for, money is wasted if participants have to leave early. Participation may decrease because of lack of time to complete the activity.

**Recommendation:** MST hours should be extended to 10 p.m. on weeknights and 11 p.m. on Saturdays.

These issues will be sent to the respective directorate/organization responsible for resolution to obtain a response. The issues and the responses are then published in the *Fort Jackson Leader* upon completion. These issues may be discussed during the Installation Action Council in September.

All issues submitted through Community FIRST/AFAP can be viewed or new issues can be submitted through the Customer Management Services Web site. Submit issues whether they affect Fort Jackson or the entire Army; feedback is important.

Submit issues and recommendations online at <http://www.jackson.army.mil/WellBeing/wellbeing.htm>. Click on "Submit an Issue or Recommendation" or click on the AFAP Logo to submit an issue.

**ICE Appreciation**

The Garrison congratulates the Fort Jackson American Red Cross and the Installation Safety Offices. They have achieved a 5.0 and a 4.77 rating, respectively, in employee/staff attitude out of a possible 5.0, over a 12-week period. This is an outstanding performance in customer satisfaction.

*A tip of the campaign hat to this week's ...*

## Drill Sergeants of the Cycle



**Staff Sgt. Justin Westbrook**  
Company A,  
3rd Battalion,  
34th Infantry  
Regiment



**Staff Sgt. James Hawkins**  
Company B,  
3rd Battalion,  
34th Infantry  
Regiment



**Staff Sgt. Jose Sixtos**  
Company C,  
3rd Battalion,  
34th Infantry  
Regiment



**Sgt. 1st Class Martinez Smith**  
Company D,  
3rd Battalion,  
34th Infantry  
Regiment



**Sgt. 1st Class Roberto Cruz**  
Company E,  
3rd Battalion,  
34th Infantry  
Regiment



**Staff Sgt. Yamekeia Thompson**  
Company F,  
3rd Battalion,  
34th Infantry  
Regiment

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# ARMY NEWS

## Wounded warrior caregivers learn new techniques

**Jen Rodriguez**  
*Army News Service*

FORT SAM HOUSTON, Texas — More than 70 physical therapists, prosthetists and physicians gained a better understanding of how to actively care for wounded warriors outside of the Army community after attending a workshop recently at Brooke Army Medical Center and the Center for the Intrepid.

The Military Amputee Advanced Skills Training High Performance workshop was designed to provide education for rehabilitative professionals who actively care for veterans who are amputees as well as amputees from Operations Enduring and Iraqi Freedom. The workshop drew participants from the military, civilian and private sectors.

Workshop participants were trained to use the therapeutic and prosthetic-fitting techniques developed within the Armed Forces Amputee Patient Care Program “through hands-on experience with the program that we use here at the CFI for physical therapy and prosthetic care,” said Maj. Stuart Campbell, officer-in-charge of CFI physical therapy and workshop presenter.

Campbell said the participants gained “a greater understanding of the total rehab process that our wounded warriors complete and the importance of teamwork between rehab professionals, and the ability to clearly communicate with each other.”

A field of experts, who have been on the front lines of rehabilitation and prosthetic care for service members injured in conflict, taught the interactive workshop, which began with a day of presentations at BAMC’s fourth floor auditorium.

By the second day, participants were divided into groups and required to dress in workout clothes for a series of



Photo by Jen Rodriguez, Army News Service

***Wounded warrior Staff Sgt. Nathaniel Reed goes all out in guarding a workshop participant during a basketball demonstration between warriors and participants at Fort Sam Houston.***

round-robin laboratory sessions, to include agility drills and floor exercises, with the warriors. The day wrapped up with a game of water volleyball and a presentation given by the three warriors tackling waves in the Flowrider.

“I don’t think they (the attendees) understood the level of intensity and the level of function that the wounded war-

riors work at,” Campbell said. “During the interactive activities, the rehab professionals got a better idea of the level of function that they can expect from the wounded warriors that they will be seeing.”

In turn, wounded warriors were able to observe health care professionals learning about them and preparing to continue their care at the highest level possible, he said.

The final day concluded with the Sport Performance Enhancement Evaluation, Training and Special Considerations for the Amputee Athlete in running, cycling, basketball and golf at the Jimmy Brought Fitness Center here.

Featured guests included Paralympic Champion Brian Frasure; Ironman Champion Sarah Reinertsen; Dave Leeka, a Marine Corps Vietnam veteran; triathlete and author Paul Martin; and world-record hand cycle triathlete Carlos Moleda. The guests held demonstrations in the various sports arenas with the wounded warriors.

During a wheelchair basketball exercise, workshop participants and warriors headed for the court, switching places from the wheelchair to standing basketball to experience various techniques in using sports as therapy.

“Make the sport (basketball game) therapeutic,” said John Fergason, CFI chief prosthetist, told workshop attendees. “Go all out in the game; make it their therapy. The warriors are going to go out no matter what. You have to do more than walk around in nice clothes.”

Fergason said there are many ways to get people active. Reiterating the importance of the MAAST-HP workshop, he suggested a few.

“Keep them (amputees) engaged in a sport they like,” he said. “There are resources in your community; tap in and use them.”

## *Military develops new sexual assault prevention strategy*

**Gerry J. Gilmore**  
*American Forces Press Service*

WASHINGTON — The U.S. military will implement a new strategy next year that involves troops being on guard to protect fellow servicemembers from potential sexual assaults, a senior Defense Department official said here today.

The Pentagon has been developing the new strategy over the past year, and it will be implemented in October 2009, Dr. Kaye Whitley, director of the Defense Department’s Sexual Assault Prevention and Response Office, told American Forces Press Service and Pentagon Channel reporters today.

“Bystander intervention” means servicemembers watch out for each other to

prevent sexual assaults, Whitley emphasized. “It’s very similar to what they do on the battlefield,” she pointed out. “You look out for your buddy, so let us look out for our buddy in other ways, as well.”

The military services already have elements of the bystander prevention strategy in place, Whitley said.

Another new initiative being worked involves implementation of a way for National Guard and reserve members to report sexual assaults anonymously, Whitley reported.

Active-duty troops already have the restricted reporting option, Whitley said. This policy allows service members to get the benefit of counseling and other services without triggering an investigation.

About 1,800 sexual-assault victims came forward after the restricted information policy took effect for active-duty servicemembers, she said.

“I believe that that is 1,800 people who would not have come forward otherwise,” Whitley said. “Those 1,800 people got counseling, medical care and assistance.”

Whitley said reserve-component members had been required to fill out official paperwork reporting sexual assaults, a process that destroys all confidentiality. A change in the works will eliminate the requirement to fill out such forms, she said.

These and other issues, Whitley said, were discussed among some 300 attendees at the department’s annual sexual assault response coordinators’ conference that was

held July recently in Tampa.

The effectiveness of the department’s sexual assault prevention program, Whitley said, ultimately depends upon the quality of the coordinators and their relationships with military commanders.

“I would go as far to say that the program is only as good as the sexual assault response coordinator,” Whitley said.

The second part of program success, she noted, is predicated on the level of participation by commanders. “This is a command program, and we have to have command support for this program to work,” Whitley said. “Where we see it work best is when the (sexual assault response coordinator) and the commander work in unison.”

FEATURE

Father and daughter start Army family tradition in BCT

Susanne Kappler  
Leader Staff

When Pvt. Gabrielle Alejandrino came home from school one day last year and told her father Mario, a mortgage broker, about wanting to join the Army, he was not exactly happy. Less than a year later, Mario’s only daughter is in Basic Combat Training at Fort Jackson — but so is he.

Pvt. Mario Alejandrino remembers the day when an Army recruiter introduced his daughter to the idea of becoming a Soldier.

“My first reaction was, ‘You’re going to go to university, as you should, right after high school — not to the Army, not to the Air Force, not to the Marines, none of that,’ he said.

This spring, however, Mario changed his opinion about the Army. A friend told him that the maximum age for Army enlistment is 42.

“When she told me that, I looked into it. I went to the local recruiter, just to get information,” said Mario, who is 36.

He liked what he heard and while at the recruiting station, he called his daughter to find out if she was still interested in a military career.

*“I think (later on) we can look back and talk about what we went through.”*

Pvt. Mario Alejandrino

Gabrielle had just received a rejection letter from a college and was ready to take the next step toward being in uniform.



Photo by Susanne Kappler

**Pvt. Mario Alejandrino observes as his daughter, Pvt. Gabrielle Alejandrino, checks her weapon before an exercise at the Military Operations on Urban Terrain site Thursday. The father and daughter are both in Basic Combat Training.**

“We signed the documents on the third (of June) and on the 25th they shipped us out,” Mario said. “It was last minute, it wasn’t planned.”

Initially, Mario was schedule to attend basic training at Fort Benning.

“When we went to the MEPS (Military Entry Processing Station) down in Miami and (the people there) found out we were father and daughter, they changed my basic training from Fort Benning to here to make sure that we stay together.”

They were excited to be able to be close to each other, but had no idea that they would wind up in the same platoon.

“We thought we might be in the same company at least, but the platoon was picked randomly,” Gabrielle said. “The

fact that we ended up together was pretty cool.”

Both Alejandrinos, who are from North Lauderdale, Fla, are assigned to Company F, 1st Battalion, 61st Infantry Regiment. They also have the same Military Occupational Specialty, signal support systems specialist, which will take them to Advanced Individual Training at Fort Gordon after they graduate Sep. 5.

BCT has presented some physical challenges for the Alejandrinos, especially for Mario who said it was sometimes hard to keep up with the younger Soldiers. However, the experience has been a good one for them so far.

“I can’t wait until I graduate and get out of here, but I thought it would be a lot

worse than it actually is,” Gabrielle said. “Mentally, we were prepared for the worst,” Mario explained. “We talked a lot about it before we came here, especially her being my daughter and people screaming at her. I didn’t know how hard I would take it.”

Mario came to terms with that aspect of basic training, though.

“I knew (the drill sergeants) were going to be yelling at her if she did something wrong,” the father said. “If they’re yelling at her it’s because she did something wrong and she deserves to be disciplined.”

Gabrielle has a different perspective. “When he gets smoked, I feel bad for him,” she said.

Both agree that going through basic training together will ultimately strengthen their relationship.

“We can relate,” Gabrielle said. “You can explain (BCT to other people), but it won’t be the same because they weren’t there; they don’t know how it was.”

“I think (later on) we can look back and talk about what we went through,” Mario added.

Mario and Gabrielle are the first in their family to serve in the military, but hope they won’t be the last. Mario has two sons and would not mind if they followed in their dad’s and sister’s footsteps.

“That would be ideal,” he said. The fact that his daughter — or his sons, if they choose to serve — might face deployment does not deter Mario.

“If she has to go, I understand she has to go,” he said. “She’s my daughter, but she’s also ...”

“... a Soldier,” Gabrielle finished. *Susanne.Kappler1@us.army.mil*



# MARKING TIME

## *Historic tanks feature unique flame throwers*

**William F. Campbell**  
*Post Museum Volunteer*

Among Fort Jackson's historic armor artifacts, two tanks are not what they appear to be. From their outward appearance, they look like standard issue combat tanks and are so constructed to hide the weapon they carry.

These are the M-4A1 E13-13 Sherman and the T-35 Pershing, located behind the NCO Academy and the Reception Station, respectively.

The M-4A1 E13-13 is an early M-4A1 Sherman with the 75-mm canon removed and the flame thrower mounted in its place. There is no loader, so the crew is cut to four men. The loader's position and most of the turret interior is occupied by pressure and fuel tanks for the flame gun.

Since the flame gun is considerably smaller than the 75-mm canon normally mounted, an armored jacket resembling the canon was built around it to hide the actual armament.

All other aspects of the tank, such as engine, speed and machine guns remain the same as a standard Sherman. The tank carried 285 gallons of flame fuel, which allowed 60-70 seconds of flame gun use, normally in two-to-five second bursts at a range from 150-250 yards.

The M-26 Pershing, mounting a 90-mm gun, replaced the Sherman in the late 1940s. In November 1945, efforts to fit the Pershing with a flame thrower were made and various models of flame guns and locations were tested.

The T-35 Pershing at Fort Jackson



Photo by William F. Campbell

***The M-4A1 E13-13 tank located behind the NCO Academy is equipped with a unique flame thrower.***

was to be fitted with a bow mounted E-5R2 flame gun, replacing the Browning 30-cal machine gun normally mounted in that position. The 90-mm gun was to be retained, but with main gun ammunition reduced from 70 to 50 rounds. The bow gunner position and a portion of the 90-mm ammo stowage were to be utilized by a 300 gallon flame fuel

tank, with the flame gun being operated remotely.

In 1948, since the M-26 was soon due to be replaced by a newer tank and main armament flame tanks were being reconsidered, the T-35 flame tank was not needed and further research was dropped.

This is the only M-26 Pershing to be fitted with a bow flame gun. Per-

formance and use would have been as an infantry support flame gun firing 100-150 yards with napalm providing 30-50 seconds of flame operation.

Concealment of the flame gun was not considered, as the flame gun closely resembles the 30-cal machine gun normally carried. As with the Sherman flame tank, the crew was cut to four, eliminating the co-driver.

## Know some history that you would like to share?

The *Leader* is seeking historical stories and photos or suggestions of historical topics for its weekly Marking Time feature. Retirees, veterans and community members with an interesting fact, story, photo, artifact, idea etc. pertaining to Fort Jackson should e-mail [fjleader@conus.army.mil](mailto:fjleader@conus.army.mil).



# Bowling week will stir some pin action on post

**Theresa O'Hagan**

*Morale, Welfare and Recreation*

The Beatles said it — Eight Days a Week — and this year's National Bowling Week promotion has added an eighth day with a contest to set a world record for the most games played in a single 24-hour period.

From midnight on Friday to midnight on Saturday the Bowling Proprietors' Association of America has invited 3,400 bowling centers across the nation to team up and report their lineage.

National Bowling Week is in its third year and the goal is to introduce the sport of bowling to new patrons.

"With more than 67.2 million people bowling, our center is holding a week long celebration to thank our customers for helping to make bowling the nation's number-one participatory sport and to welcome new guests to our center," said Sandy Sandlin, manager, Century Lanes and Ivy Lanes Bowling Centers.

Throughout National Bowling Week, there will be new and exciting promotions offered every day, with something for everyone.

Sunday will be the Kick-Off Dollar Day event at Century Lanes Bowling Center featuring the Dollar-Day-Scratch-off event. Come in and pay \$1 per game, \$1 per shoe rental, \$1 for a hot dog and \$1 for a soft drink.

Like last year, Century Lanes will give a scratch-off card to the first 100 visitors to the bowling center during the kick-off event. Each card is a guaranteed winner. Prizes include: \$2 in game tokens or a free game, two free games of bowling with shoes, a free night of bowling for winner and three guests, free bowling party for four with soda and pizza and 52 weeks of bowling with shoes (one free game a week).

All bowlers are invited to enter the Continuous No Tap Tournament, Tuesday through Saturday. The Continuous No Tap

Tournament ends 5 p.m., Aug. 30; the cost is \$15 per entry. Bowlers can compete anytime lanes are available. One place awarded for every six entries. Women competing in the Continuous No Tap Tournament get a strike for knocking down eight pins. Men competing in the tournament get a strike for nine pins.

Family Bowling Night is scheduled for 7-9:30 p.m., Tuesday. Bring the family (up to six people) for two games of black-light bowling each, a large cheese or pepperoni pizza and six medium soft drinks for \$12.

Glow Bowl or No Bowl, a spin-off of the popular "Deal or No Deal" TV show, will be 9-11:20 p.m., Aug. 29. Several times during Blacklight Bowling, a lane number will be drawn. The person bowl-

ing on that lane at the time of the drawing gets a chance to play. Knock one pin down and get a \$1 credit at the center (or one scratch-off card while supplies last) and a chance to move on. The bowler can take the prize and walk away. Next, he or she must knock two pins down for \$2 in bowling center credits. Play up to a strike for \$10 credit (or 10 scratch-off cards) at the center.

Join 3,400 bowling centers from across the nation Aug. 30 to help set the world record for the number of games bowled in a 24-hour period. From 1-7 p.m. bowl for 50 cents per game and 50 cents per shoe rental and stay for Black Light Bowling, 9-11:30 p.m. with DJ Orly playing Latin, Pop, Rock, Country and Hip Hop.

For more information, stop by Century Lanes Bowling Center at 4464 Gregg Street or call 751-6138.



**Today**

**Southern Style Lunch Buffet**, from 11 a.m. to 2 p.m. at the Officers' Club. The buffet is open to the public.

Visit **Century Lanes** for food, fun and bowling.

**Magraders Pub** is open for lunch for family members from noon to 4 p.m., Thursdays.

There will be a **Financial Readiness for Initial PCS Move** workshop 8:30-10:30 a.m., at the Education Center, Room 302.

A **Relocation Planning workshop** is set for 8:30 a.m., at the Education Center, Room B-302.

**Friday**

Play **Victory Bingo** and win prizes up to \$15,000. There are guaranteed \$50 payouts.

**Artistic Expression with Jake** begins at 6:30 p.m. at the Youth Center Teen Room.

**Dance** to a variety of music provided by DJ Randall at **Magraders Club** from 9 p.m. to 3 a.m. The club is located in the back of Magraders Pub, and the cover charge is \$3 for military and \$5 for civilians.

**Family Golf Night** begins 5 p.m. at the Fort Jackson

Golf Club. Cost is \$5 per family and includes free pizza at the clubhouse.

**Saturday**

**Step Team practice** begins 2 p.m. at the Youth Center Dance Room.

The NCO Club presents **Classic Soul Saturday** from 9:30 p.m. to 2 a.m. in the Excalibur Room. The cover charge is \$3 for military and \$5 for civilians. Live broadcasts from the BIG DM 101.3 with giveaways will be held 9:30-11 p.m.

The **Fort Jackson Golf Cup** begins 9 a.m. The tournament continues Sunday with a 9 a.m. shotgun start both days.

**Sunday**

Come to **brunch** from 11 a.m. to 2 p.m. at the Officers' Club.

Enjoy **Family Day at the Youth Center**, 2-6 p.m.

**Monday**

The NCO Club presents a **full lunch buffet**, featuring fried chicken or fish, fresh vegetables, a full salad bar, soup, assorted desserts and a beverage from 11 a.m. to 1:15 p.m. for \$7.

The **Partnerships in Education** quarterly meeting

will be from 11:30 a.m. to 1 p.m., at the Officers' Club.

There will be a **Car Buying workshop** 8:30-10:30 a.m., at the Education Center, Room 302.

**Tuesday**

**Movie Night** begins at 6 p.m. at the Youth Center in the Teen Room.

Enjoy **free movies** every Tuesday at Magraders Pub.

**Wednesday**

Be a sensation with **Karaoke with Tom Marable** at **Magraders Club** at 7:30 p.m. Cover charge is \$3 for military and \$5 for civilians.

There will be a **Phase II LEVY briefing** at 2:30 p.m. at the Strom Thurmond Building.

**Ongoing Offers**

• The **NCO Club lunch buffet** is served from 11 a.m. to 1:15 p.m., daily. The cost is \$7 for adults and \$3.75 for children.

• The **NCO Club breakfast** is served 6-9 a.m., Monday through Friday. The cost for adults is \$7 and \$3.75 for children 4-10 years old.

• The **Officers' Club specializes in catering** wedding receptions, anniversaries, promotions and other special occasions.

# HEALTH

## Immunization records should be reviewed regularly

**S. Ward Casscells, M.D.**  
*U.S. Department of Defense  
Military Health System*

August is National Immunization Awareness Month. The DoD and other federal, state and local agencies will use this opportunity to highlight the importance and benefits of immunizations. This year’s theme is “Immunization Health and the DoD Family.”

The establishment of quality immunization programs has increased vaccine awareness and led to an improved quality of life.

Today, very few people experience the difficulties associated with diseases such as polio, measles and mumps. These diseases, that once took a heavy toll on families, have been virtually eliminated in the

United States. Successful immunization programs start during infancy and must be maintained throughout life.

Historically, the United States military health systems have been pioneers in protecting against infectious diseases by developing and administering successful immunization programs. The United States Continental Army was the first in the world to adopt an organized program requiring smallpox inoculation. By the close of the 17th century, an awareness of the potential benefits of immunization was growing.

During the Spanish-American War, the United States Army established scientific advisory boards to address diseases such as typhoid, yellow fever, malaria, dengue fever, pneumonia and influenza. These

boards played an important role in the development of specific strategies and research efforts in vaccine development.

The DoD continues to research and develop vaccines to not only benefit our service members and their families, but the rest of the world as well. There are ongoing military research programs exploring immunizations for diseases such as malaria and dengue fever.

August is the perfect time to remind family, friends, co-workers and those in the community to review their vaccination records.

Parents are enrolling their children in school, students are entering college and health care workers are preparing for the upcoming flu season.

To capitalize on this, it is encouraged

that medical professionals too, develop local immunization education initiatives that stress the proper administration of immunization programs. These initiatives should include detailed education about immunizations, quality in delivery and clinical care.

The Military Vaccine Agency provides guidance on immunization policy, education and training. For those with concerns about immunizations, the DoD Vaccine Healthcare Centers Network provides excellent clinical guidance and case management for potential adverse events from vaccinations.

For more information about DoD immunization programs, visit the MILVAX Web site at [www.vaccines.mil](http://www.vaccines.mil) and the VHC Web site at [www.vhcinfo.org](http://www.vhcinfo.org).

### Health Talks

*To have a professional staff member from MEDDAC address a group on health care subjects or preventive medicine, call the health promotion coordinator at 751-5035 or the Department of Quality Management at 751-2501.*

#### TRICARE Prime

Beneficiaries enrolled in TRICARE Prime at MACH can schedule an appointment 24 hours a day, seven days a week at [www.tricareonline.com](http://www.tricareonline.com) or [www.moncrief.amedd.army.mil](http://www.moncrief.amedd.army.mil). For more information call 751-2752.

#### Helpful Information

Toll-free phone number for MACH is (877) 273-5584 or call locally at 751-CARE (2273), or visit [www.moncrief.amedd.army.mil](http://www.moncrief.amedd.army.mil) [www.tricare.osd.mil](http://www.tricare.osd.mil)

#### Medical Records

Medical records are the property of the U.S. government and must be turned in at the Medical Records Station upon enrolling at MACH. Call 751-2471 for a copy of records.

#### Soldiers to be treated at Hagen Dental Clinic

All permanent party dental records have been transferred to Hagen Clinic. Scheduled appointments will be treated there, and those reporting for Dental Sick Call may do so 7:15-10 a.m. and 1:15-2:30 p.m. weekdays, 751-5820.



# COMMUNITY HIGHLIGHTS

## Help! We need a home



Photos by Ashley Henry

*These cats and dogs are at the Fort Jackson Veterinary Clinic, and they all need homes. From top left, clockwise: 1-year-old male lab; 2-year-old orange 3-month-old male lab-mix; 1-year-old male pit bull. For information on these or other pets for adoption, call the Veterinary Clinic at 751-7160.*

## This Week

### Financial and Relocation Initial PCS Brief

There will be a Financial and Relocation Initial PCS brief will be 8:30-10:30 a.m., today at the Education Center, Room B-302. For more information, call 751-4862/6325.

### Car Buying

A Car Buying seminar is planned for 8:30-10:30 a.m., Tuesday at the Education Center, Room B-302. For more information, call 751-4862/6325.

### Spouses to Teachers

There will be a Spouses to Teachers workshop 1-2 p.m., Tuesday at the Education Center, Room B-302. For more information, call 751-4862/6325.

### Exceptional Family Member Program Support Group Meeting

EFMP will have a support group meeting 5-7 p.m., Tuesday at the Soldier Family Assistance Center, 2447 Bragg St. For more information, call 751-4862/6325.

### Drill Sergeant Spouse's Focus Group

A focus group for drill sergeant spouses will meet at 8 a.m., today in the PAIO Conference Room. Volunteers are needed, and free child care is available.

For more information or to register, call 751-3425

### Women's Equality Day

The 2008 Women's Equality Day luncheon is set for 11:15 a.m. to 1 p.m., Tuesday at the Officers' Club. Tickets are \$9.25. For more information, call 751-6213.

### The Little Gym Play Group

There will be a Play Group at The Little Gym from noon to 1 p.m., Wednesday at 2005 N. Beltline Road. For more information, call 751-4862/6325.

### Phase II LEVY Briefing

There will be a Phase II LEVY briefing 2:30-3:30 p.m., Wednesday at the Strom Thurmond Building, Room 213. For more information, call 751-4862/6325.

### Insurance Class

An Insurance Class will be 9-11 a.m., Aug. 28, at the Education Center, Room B-302. For more information, call 751-4862/6325.

### Recruiting and Retention School Retirement Review

The Recruiting and Retention School will conduct the August Retirement Review ceremony Aug. 28 at the Post Headquarters. In case of inclement weather, the ceremony will be at the MG Robert B. Solomon Center.

### Reintegration Training and vFRG Brief

There will be a Reintegration Training and vFRG Brief 1-3 p.m., Aug. 28 at the Education Center. For more information,

call 751-4862/6325.

### Employment Readiness Orientation

An Employment Readiness Orientation will be 6-8:30 p.m., Aug. 28 at the Main Post Chapel. For more information, call 751-4862/6325.

### AFTB: Supporting Your Child's Success

There will be an AFTB: Supporting Your Child's Success workshop from 8:30 a.m. to 12:30 p.m., Aug. 29 at the Joe E. mann Conference Room. For more information, call 751-4862/6325.

### Stress and Anger Workshop

A Stress and Anger Workshop will be from 8 a.m. to 4:30 p.m., Sept. 2 at the MG Robert B. Solomon Center. For more information, call 751-4862/6325.

### Breastfeeding Class

There will be a Breastfeeding Class from 10 a.m. to noon, Sept. 2 at the Joe E. Mann Conference Room. For more information, call 751-4862/6325.

### Checkbook Maintenance

A Checkbook Maintenance workshop is set for 8:30-10:30 a.m., Sept. 3 at the Education Center, Room B-302. For more information, call 751-4862/6325.

### Employment Readiness Program Orientation

There will be an Employment Readiness Program Orientation from 8:30 a.m. to noon, Sept. 3 at the Education Center, Room B-206. For more information, call 751-4867/5452.

### Newcomer's Orientation

A Newcomer's Orientation will be 9-11 a.m., Sept. 3 at the Post Conference Room. For more information, call 751-4862/6325.

### Resume Writing for Beginners

There will be a Resume Writing for Beginners workshop 1:30-3:30 p.m., Sept. 3 at the Education Center, Room B-206. For more information, call 751-4867/5452.

### Fort Jackson Spouses' Club

The Fort Jackson Spouses' Club will have a Membership Drive and Information Fair from 10 a.m. to 2 p.m., Sept. 9 at the MG Robert B. Solomon Center. The Spouses' Club is an all-ranks and civilian spouses' group. For more information, e-mail [Ft.JacksonSpousesClub@yahoo.com](mailto:Ft.JacksonSpousesClub@yahoo.com).

### WorkKeys Assessment

A free WorkKeys Assessment test will be given 9-11 a.m. Sept. 9, from 8:30 a.m. to 4 p.m., Sept. 16 and 23 and from 9 a.m. to noon, Sept. 24. The test enhances a resume and demonstrates skill potential to employers.

These dates will include instructional

activities, classes and the assessment. Participants must attend all dates. Free child care is available to military families who register by Aug. 10. All candidates must preregister by calling 751-5452.

## Announcements

### Balfour Beatty Communities Events

Balfour Beatty Communities will host a Waffle Stacking Contest at 3:30 p.m., Monday at 5939 Thomas Court. National Dog day is Tuesday and anyone who walks their dog to the Balfour Beatty office will receive a treat for their dog.

### Boy Scout Troop 89

Boy Scout Troop 89 will have its first meeting of the new school year 6:30-8 p.m., Tuesday at the Scout Hut on Jenkins Road. All interested boys, 11-17, are welcome. For more information, call 788-6044.

### Legal Education Program

The Office of the Judge Advocate General is now accepting applications for the Army's Funded Legal Education Program. Selected officers will attend law school beginning in the fall of 2009. Officers interested in applying should register for the Law School Administration Test. For more information on the application process and eligibility criteria, call 751-7657.

### Girl Scout Registration

Girl Scout Registration will be 2-4 p.m., Sunday at C.C. Pinckney Elementary School. All girls in kindergarten through grade 12 can register. For more information, call 736-5875.

### Marion Street Station Construction

Beginning Monday Marion Street Station will be under construction while a new roof is put on the building. The construction will last until Oct. 25. There may be changes to the entrance and exit during construction.

### Free Voice Lessons

The Columbia Chapter of the Sweet Adelines International Chorus is offering free voice lessons to women at 7 p.m., every Thursday until Sept. 18 at the Lexington Baptist Church. For more information, call 732-9960 or visit [www.heartofcolumbia.com](http://www.heartofcolumbia.com).

### Fire Hydrant Maintenance

Fire hydrants are being replaced, painted and repaired around post. The hydrants are to be painted in compliance with the National Fire Protection Association codes and are only to be painted designated colors.

Units are asked to not paint fire hydrants, the contractor will be perform-

# COMMUNITY HIGHLIGHTS

## Back to school



Photo by Susanne Kappler

**Faye Holland, a second-grade teacher at C.C. Pinckney Elementary School, browses through books Tuesday in preparation of today's start of the school year.**

ing this task. For more information, call 751-1611/1610.

### Pierce Terrace Elementary School Registration

Registration at Pierce Terrace Elementary School will be from 8:30 a.m. to 3:30 p.m. daily at the school.

Pre-K students must be 4 years old and kindergarten students must be 5 years old on or before Sept. 1 to be eligible for enrollment. For more information, call 751-1772, stop by the school office or visit [www.am.dodea.edu/jackson/fjpt/index.htm](http://www.am.dodea.edu/jackson/fjpt/index.htm)

### AUSA Golf Tournament

The Fort Jackson — Palmetto State Chapter of the Association of the United States Army will sponsor the 21st Annual J. Willis Cantey Memorial Golf Classic at noon, Sept. 17 at the Fort Jackson Golf Club. Registration forms can be picked up at the golf course.

### Absentee Voting

Absentee voters can exercise their right to vote by completing the Federal Post Card Application (FPCA Standard Form 76) or complying with the ballot request procedures enacted by the state in which they vote. After mailing in the application, the voter will receive his or her absentee ballot. Mailing guidelines differ from state to state. For more information, contact your Unit Voting Assistance Officer or visit [www.vote.army.mil](http://www.vote.army.mil).

### After School Program in Your Neighborhood

The Boys and Girls Club of the Midlands has partnered with Army Child and Youth Services to provide after-school care, summer camp and before-school care in off-post neighborhoods. For more information, visit [www.bcgmidlands.org](http://www.bcgmidlands.org) or call, 231-3300.

### Free After School Program for Middle School Students

The Boys and Girls Club of the Midlands will offer free after-school programs for middle-school students. Transportation home is available for \$10 a week. All

## Recurring Meetings

### Weekly

**Walking Away Stress** meets at 9 a.m., Mondays and Fridays at the pecan orchard near the post office on Early Street. For a walking log or more information, call 751-6325.

**Play Group** meets 10-11:30 a.m., Mondays at 5953C Parker Lane. For more information, call 751-5256/6325.

**Range Control Briefing** is held at 1 p.m., Mondays and Fridays at the Education Center, Room 302. For more information, call 751-7171.

**Helping Everyone Reach Optimum Strength** meets 5-6 p.m., Tuesdays at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For more information, call 751-2160/2183.

**Medical Board Office** is closed from 7:30 a.m. until 1 p.m., every Thursday. For information, call 751-0359/7152/7318.

**Protestant Women of the Chapel** meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. Homeschoolers are welcome and evening studies are available. Free child care is available. For information, e-mail [pwocjackson@yahoo.com](mailto:pwocjackson@yahoo.com).

**Overseas Travel Clinic** is held from 8:30 a.m. to noon, Fridays. For more information, call 751-5151.

**Military Widows/Widowers Association** meets at 2 p.m., Sundays at Moncrief Army Community Hospital, eighth floor. For more information, call 787-2469.

### Monthly

**The Ladies Auxiliary** meets at 3 p.m., the second Sunday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

**Civil Air Patrol** meets at 6:30 p.m., the first Monday of the month at Columbia's downtown airport, Owens Field, main conference room. For more information, e-mail [tom.alsup@gmail.com](mailto:tom.alsup@gmail.com) or visit online at [www.scwg.cap.gov](http://www.scwg.cap.gov).

**Weight Loss Surgery Support Group** meets at noon the second and fourth Monday of the month at the Weight Management Center, 180 Laurel Street, Columbia.

The group also meets the second and fourth Tuesday of the month at 6:30 p.m. at the Palmetto Health Baptist Breast Health Center, 1501 Sumter Street, Ground Level, Meeting Room 2, Columbia.

**Seabees** meet at 7 p.m., the second Monday of the month at the West Metro Chamber of Commerce and Visitors Center. Call 755-7792, 736-0841 or 755-0300

for more information.

**Veterans of Foreign Wars** meet at 7:30 p.m., the second Monday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

**Fort Jackson Enlisted Spouses' Association** meets at 6:30 p.m., the third Monday of each month at 5942E Thomas Court. For more information, call 665-4170 or e-mail [esa2005ff@yahoo.com](mailto:esa2005ff@yahoo.com).

**Sergeant Audie Murphy Club** meets at 11:30 a.m., the first Tuesday of the month at the Post Conference Room [www.jackson.army.mil/360/SA/MC/home.htm](http://www.jackson.army.mil/360/SA/MC/home.htm).

**American Legion Post #182** meets at 7 p.m., the first Tuesday of the month at the Officers' Club. For information, call 351-2333.

**Disabled American Veterans** meet 6 p.m., the second Tuesday of the month at 511 Violet St., West Columbia. For information, call 796-7122.

**Fleet Reserve Association** Unit 202 meets at 1 p.m., the third Tuesday of the month at 2620 Lee Road. Call 482-4456 for information.

**Purple Heart #402** meets at 7 p.m., the fourth Tuesday of the month at the American Legion Post #6 on Pickens Street. For information, call 351-2333.

**American Red Cross** new adult volunteers orientation is the third Wednesday of the month from 9 a.m. to noon at building 2179 on Sumter Avenue. For more information, call 571-4329.

**"Victory Riders" Motorcycle Club** meets at 5 p.m., the first and third Thursdays of the month at Magraders Club. For information, e-mail [sec@fjvictoryriders.com](mailto:sec@fjvictoryriders.com).

**Society of American Military Engineers** meets 11:30 a.m., the fourth Thursday of the month. For information, call 254-0518 or 765-0320.

**Diabetes Support Group** meets at 6 p.m., the last Thursday of the month in the Moncrief Army Community Hospital fourth floor dining facility. For information or to register, call 751-2501.

**MEDPROS training** will be held 1-4 p.m., the third Friday of the month, at the hospital, Room 9-83. For more information or to register, e-mail [Jaclynne.Smith@amedd.army.mil](mailto:Jaclynne.Smith@amedd.army.mil).

**Retired Enlisted Association** meets at 5:30 p.m., the third Friday of the month at the hospital, third floor. For information, call 740-2319 or e-mail [jrodgers11@sc.rr.com](mailto:jrodgers11@sc.rr.com).

**92nd Buffalo Chapter 20 DAV** meets at 11 a.m., the third Saturday of the month, except July and August, at the DAV Headquarters 511 Violet St., West Columbia. For information, call 260-1067.

**U.S. Navy Sea Cadets**, for 11-18 year olds, meet the third weekend of the month. For information call 622-8707.

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to [fjleader@conus.army.mil](mailto:fjleader@conus.army.mil).

Army youth and dependents of Army civilian employees are eligible. For more information, site locations and pre-registration, visit [www.bgcmidland.org](http://www.bgcmidland.org) or call 231-3300.

### Gun Locks Available

Free gun locks are available while supply lasts from the Installation Safety Office at 3290 Forney St. or from the Directorate of Emergency Services at 5499. The locks

can be picked up between 7:30 a.m. and 4:30 p.m.

### Yard of the Month Nominations

Housing representatives will be canvassing each housing area looking for nominees for Yard of the Month. Criteria for selection includes general appearance of the lawn, flowers and shrubs. The winning families will receive a Certificate of Appreciation and prizes.



CHAPEL

Values  
should start  
at home

Chaplain (Capt.) Raynard Churchwell  
2nd Battalion, 13th Infantry Regiment

A few weeks ago I taught a class at my battalion on the importance of leadership and values in the Army. However, I feel the first place that values should be taught is at home.

Former tennis standout and champion of social causes Arthur Ashe wrote these words about values: "I estimate it would take at least a generation ... to regain the moral authority ... as we still did when I was a child, a sense of the integrity of the family; a sense of value and the power of education; a sense of the deep importance of religion and moral instruction; a sense of pride in ourselves as achieving, thinking human beings."

After hearing what Ashe said, one might gather that the standard of our values over the past years have deteriorated. For example, love and respect of self, love and respect of our neighbor and a good work ethic have been placed on the back burner of society.

Therefore, one of the things that we can do today is to remind each other, and especially teach our children, about the importance of basic values: love and self- respect, love and respect of our neighbor and a good work ethic. When we teach the importance of values to our children, it not only strengthens the family, but it strengthens our community and it strengthens us as a nation.

In the book of Deuteronomy in the sixth chapter, Moses and the Israelites are sitting on the edge of the Promised Land with just one more river to cross. Moses knows that he doesn't get to go across with them, so he gives them one more speech and last set of instructions.

Teach your children to love God, to do the right thing and to have values. Moses said to recite it to your children and talk about it when you are at home, when you are away, when you lie down and when you rise.

Moses said to bind it as a sign on your hand, fix it as an emblem on your forehead and write it on the doorposts of your house and gates. In other words, put them as a magnet on your refrigerator and tape it to your bathroom mirror. My question to you is how do you view your value system on a scale of one to 10?

Worship services

Protestant

- Sunday 8 a.m. and 10:45 a.m. Daniel Circle Chapel (Gospel)  
8 a.m. Bayonet Chapel (Hispanic)  
9:00 and 10:30 a.m. Magruder Chapel  
9:30 a.m. Main Post Chapel  
10:45 a.m. Post-wide Sunday School (Post Chapel)  
11 a.m. Daniel Circle Chapel  
11 a.m. Memorial Chapel  
11 a.m. Chapel Next  
Chaplain School
  - Wednesday 7 p.m. Gospel Mid-week Service Daniel Circle Chapel
- PROTESTANT BIBLE STUDY
- Monday 7 p.m. Women's Bible Study (PWOC - Post Chapel, Class 209)
  - Wednesday 7 p.m. Anderson Street Chapel  
7 p.m. Daniel Circle Chapel  
7 p.m. Gospel Congregation's Youth (Daniel Circle Chapel)
  - Thursday 9:30 a.m.-12:30 p.m. Women's Bible Study (PWOC, Post Chapel)  
6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)  
7 p.m. LDS Bible Study (Anderson Chapel)
  - Saturday 8 a.m. Men's Prayer Breakfast (Post Chapel, every second Saturday of the month in Chapel Fellowship Hall)

PROTESTANT YOUTH OF THE CHAPEL

- Sunday 5 p.m. Daniel Circle Chapel (1st & 3rd Sundays)
- Wednesday 6:30 p.m. Main Post Chapel

Lutheran/Episcopalian

- Sunday 8 a.m. Memorial Chapel

Islamic

- Sunday 8-10 a.m. Islamic Studies
- Friday 12:30-1:45 p.m. Jumrah Services (both — Main Post Chapel)

Church of Christ

- Sunday 11:30 a.m. Anderson Chapel

Catholic

- M-F 11:30 a.m. Mass (Post Chapel)
- Sunday 8 a.m. Mass (Solomon Center)  
11 a.m. Mass (Main Post Chapel)  
9:30 a.m. Mass (120th AG Battalion Chapel)  
9:30 a.m. CCD (Education Center)  
9:30 a.m. Adult Sunday School  
12:30 a.m. Catholic Youth Ministry
- Wednesday 7 p.m. Rosary  
7:30 p.m. RCIA/Adult Inquiry

Jewish

- Sunday 9:30-10:30 a.m. Memorial Chapel  
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

Latter Day Saints

- Sunday 9:30-11 a.m. Anderson St. Chapel

Addresses, phone numbers

Daniel Circle Chapel — 3359 Daniel Circle, Corner of Jackson Blvd., 751-4216  
Main Post Chapel — 4580 Strom Thurmond Blvd., corner of Scales Ave., 751-6469  
Bayonet Chapel — 9476 Kemper St., 751-4542  
Family Life Chaplain - 4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780  
Anderson St. Chapel — 2335 Anderson St., Corner of Jackson Blvd., 751-7032  
Education Center — 4581 Scales Ave.  
Magruder Chapel — 4360 Magruder Ave., 751-3883  
120th Rec. Bn. Chapel — 1895 Washington St., 751-5086  
Memorial Chapel — 4470 Jackson Blvd., 751-7324  
Chaplain School — 10100 Lee Road, 751-8050

FIRST RESPONDER



The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

**Lt. Col. Ronald F. Taylor**  
Director, Emergency Services/Provost Marshal  
**Sgt. Maj. Allen Taylor Jr.**  
Provost Sergeant Major  
**Billy Forrester**  
Fire Chief

Cases of the Week

A Soldier was charged with for drunken driving after a breathalyzer test showed a blood alcohol content of 0.22 percent. The legal limit in South Carolina is 0.08 percent. The Soldier was stopped because his car was swerving, MPs said. The driver failed the standard field sobriety tests, according to MPs.

A retired Soldier was charged with drunken driving after failing standard field sobriety tests. During a traffic stop, MPs detected the smell of alcohol. The motorist refused to take a breathalyzer test, MPs said.

A driver was arrested on an outstanding

warrant for failure to pay child support. The driver was stopped for driving in the dark without lights, Military Police said. An identity check revealed the outstanding warrant, according to MPs. The motorist was processed at the PMO and transferred to the custody of the Richland County Sheriff Department.

Tip of the Week

When dialing 911 from an office phone on Fort Jackson, the call is directed to the emergency services on Fort Jackson. When dialing 911 from housing, pay phones or cell phones, the call is routed to Richland County Emergency Center.

When the Richland County operator answers the call, it is important to inform the off-post 911 operator that you have an emergency on Fort Jackson and you need the Fort Jackson 911 operator.

While the off-post operator is connecting you to Fort Jackson, advise the off-post operator of the location of the emergency. This is very important, especially for cell phone callers. This will provide the Richland County operator a location of your emergency if you get disconnected during transfer or lose signal.

crimestoppers  
1-888-559-TIPS  
www.midlandscrimestoppers.com

FORCE PROTECTION  
THOUGHT OF THE WEEK  
DON'T TRUST - ASK!!!!



Don't take uniforms for granted ... require identification

# SPORTS/FITNESS

## Things that make you go, 'Hmmm'

### COMMENTARY

**Maj. Thomas Hundley**

*Moncrief Army Community Hospital*

Do you remember the Arsenio Hall Show that ran from the late 80s to the early 90s? I loved the segment of the show where he would bring up funny factoids that made you stop, think, laugh and say, "Hmmm." I found most of those factoids to not only be thought-provoking, but they were also pretty comical.

While waiting at the airport, I was privy to a conversation between a young girl and her mother that made me go, "Hmmm." OK, maybe I was eavesdropping a little bit, but that's beside the point. The little girl seemed to be around 7 or 8 years old. The two had just attended a funeral of one of their relatives who died of an obesity-related illness. The little girl was fixated on the fact that the deceased relative was an amputee.

After a lot of questions about the amputated limb, the mother explained that the relative developed diabetes from eating the wrong foods, which caused her to gain too much weight. She further explained that the excess weight caused blocked blood circulation, which led to her amputation; ultimately leading to her death. The little girl paused for a minute as if she was digesting this unbelievable sequence of events. Just when I thought the conversation was over, she replied, "You mean to tell me that Aunt Kay ate herself to death?"

Hearing this grade-school educated revelation made me stop and think, but



**Maj. Thomas Hundley**

I assure you, it hardly made me want to laugh. It made me ask myself, "If a 7-year-old could grasp the concept that poor eating habits lead to death, why can't we educated, experienced and exceptional adults seem to catch it?"

That mystery made me reflect on the Arsenio Hall Show as one of those things that make you go, "Hmmm!"

The military and its communities are not immune to America's obesity epidemic. Service members are required to take care of their bodies in such a way that they are physically prepared for any given task. This requires them to make a commitment to live a healthier lifestyle by carefully considering the foods they consume. But, as with any other rule, law, regulation or command, some people will find a way to ignore it, disobey it, skirt around it or simply break it.

So what are the consequences of this total disregard for our bodies? I would like to provide you with a few facts that should also cause you to stop, think and quite possibly, make you go, "Hmmm.":

— Estimates indicate more than 400,000 deaths each year are attributable to improper diet and inadequate exercise. By next year, obesity and being overweight will replace tobacco use as the leading causes of preventable death. I know the military has smoking cessation classes, but where are the food cessation classes? Hmmm.

— The U.S. is home to 23,500

health clubs and the number grows each day, but nearly 90 percent of America has yet to join a gym. Why are we still building if no one is coming? Is this supposed to be the gym version of "Field of Dreams"? Hmmm.

— Annual medical spending for the treatment of overweight and obese people is nearly \$100 billion a year. These rising costs have altered the appeal of our veterans benefits. Wouldn't it be more logical to invest our "ounces" in the prevention instead of our "pounds" in the cure? Hmmm.

— Exercise has been proven to reduce stress, anxiety and depression. Visits to psychiatric services have more than doubled since 2001. Shouldn't we be doing less running to the shrink and more running on the track? Hmmm.

— Exercise helps prevent heart disease, diabetes, high blood pressure, stroke, arthritis, osteoporosis and insomnia. These also comprise the major illnesses and diseases treated among our military retiree population. Have retirees forgotten the definition of the acronym PT? Hmmm.

— Research shows that people who exercise regularly are happier, healthier and live longer. Forty percent of U.S. adults are sedentary. Is there any wonder why so many Americans are depressed, drug-dependent and dying too soon? Hmmm.

The military has given us the blueprint for successful health. It is our duty and responsibility to eat properly, exercise frequently, and rest adequately. So I urge you to become better stewards of your bodies. You only have one life to live; so make it the happiest, healthiest and longest life possible.

*Thomas.Hundley@amedd.army.mil*

### Sports Briefs

#### Fort Jackson Golf Cup

The Fort Jackson Golf Cup begins 9 a.m., Saturday. The tournament continues Sunday with a 9 a.m. shotgun start both days.

#### Free Soccer Event

A free Soccer Skills Fun Day will begin 6 p.m., Aug. 28 at the Youth Sports Complex. The workshop is open to children 3-18 years old. Participants must first register with the Central Enrollment Office. For more information, call 751-5040.

#### Fall Sports Signup

Registration is open for fall youth flag football, cheerleading, soccer cross country and volleyball. Participants must first register with the Central Enrollment Office. Proof of age and a current physical are required to register.

Flag football for 6-13 year olds: Sept. 20 through Nov. 1. Practice is twice a week 5-7 p.m., with games played on Saturday. The registration fee is \$30, but additional children from the same family cost \$27. The fee includes a jersey and trophy.

Cheerleading for 4-13 year olds: Sept. 20 through Nov. 1. Practice is twice a week 5-7 p.m. The fee is \$30, but additional children from the same family cost \$27. The fee includes skirt, top and trophy.

Soccer for 3-18 year olds: Sept. 20 through Nov. 1. Practice is twice a week 5-7 p.m. The fee is \$30, but additional children from the same family cost \$27. The fee includes jersey, shorts and trophy. This is an off-post league, and a birth certificate is required at registration.

Volleyball for 8-18 year olds: Sept. 20 through Nov. 1. Practice is twice a week 6-8 p.m. The fee is \$30, but additional children from the same family cost \$27. The fee includes jersey, shorts and trophy.

Cross country for 6-18 year olds: Sept. 10 to November. Practice is twice a week 5-7 p.m. The fee is \$40, but additional children from the same family cost \$27. The fee includes jersey, shorts and trophy.

**For youth sports, call 751-5610/5040;  
For golf information, call 787-4437/4344;  
For sports information, call 751-3096.**